




Isfahan University of medical sciences
Curriculum Vitae (CV)

First Name: ZAHRA

Last Name: BOROUMANDFAR

	Isfahan University of medical sciences, HezarJerib.st.	
	Department	Midwifery and reproductive health
	Faculty	Nursing and Midwifery
	E-mail	boroumandfar@nm.mui.ac.ir
	Homepage	Homepage: http://www.mui.ac.ir
	Cell Phone	+98 9131062962
	Work Phone	+98 3137927536
	Position Title	Assistant Professor
Notice	My first name has changed from Khadijeh to Zahra	

RESEARCH IDs

Item	Value	Web address
ORCID	0000-0002-4383-692X	https://orcid.org/0000-0002-4383-692X
Researcher ID	V-7629-2017	http://www.researcherid.com/rid/V-7629-2017
Scopus Author ID	57193693220	https://www.scopus.com/authid/detail.uri?authorId=57193693220

EDUCATION AND TRAINING

INSTITUTION AND LOCATION	DEGREE (if applicable)	Start Date MM/YYYY	Completion Date MM/YYYY	FIELD OF STUDY
Isfahan University of Medical Sciences, Isfahan, IRAN	Ph.D.	11/2012	11/2016	PhD By Research in Reproductive Health
Isfahan University of Medical Sciences, Isfahan, IRAN	M.Sc.	11/1994	2/1996	Midwifery
Isfahan University Of Medical Sciences, Isfahan, IRAN	B. S	7/1988	7/1989	Midwifery
Mashhad University of Medical Sciences, Isfahan, IRAN	Higher national diploma	7/1983	7/1985	Midwifery



Isfahan University of medical sciences

Curriculum Vitae (CV)

RESEARCH INTEREST

My research interests are focused on reproductive health especially “ psychological and social care of women in sexually transmitted diseases, safe sex Behavior, empowerment of Vulnerable Women” , midwifery education and empowerment of midwifery students. Physical, Qualitative study

HONORS AND AWARDS

2017 **top researcher in National Drug Control Head Quarters Festival Narcotics**

POSITIONS AND EMPLOYMENT

2017 Assistant Professor, Isfahan University of Medical Sciences, Isfahan, Iran
1998-2017 Academic member, Isfahan University of Medical Sciences, Isfahan, Iran
1989-1991 Midwife, Isfahan University Of Medical Sciences, Isfahan, Iran

PUBLICATIONS AND CONTRIBUTIONS

1. Review the pattern of children under 5 years of age who died of pneumonia and accidents
Journal of Isfahan Nursing and Midwifery Faculty. 1998; (10)
Khadijeh Boroumand Far: Soheila Ehsanpour
2. Study the educational needs of puberty in boys. Journal of Iranian Journal of Medical Education, Issue 6, 2002
Khadijeh Boroumandfar, Alireza Abedi, Akbar Hassanzadeh
- 3-Knowledge, Attitude and Practice of Health Care Centers Personnel on Nutrition Consultation in Pregnancy Period
Journal: Journal of Research in Medical Sciences, Isfahan University of Medical Sciences, Vol 5, No 4, Winter 2000;
Khadijeh Boroumandfar, Alireza Yousefi, Mozhgan Tabatabaee
4. Unwanted pregnancy outcomes. Journal of Isfahan Nursing Midwifery Research. 2005; 29: 25-32
Khadijeh Boroumand Far. Zahra Saghafi Heydar Ali Abedi. Provin Bahadoran
- 5-Relationship between lifestyle and individual characteristics of pregnancy in pregnant women
Journal of Isfahan Nursing Midwifery Research. 2006; 33: 81-89
Parvin Yidolahi. Sharareh Twelve Emami. Hadiyeh Boroumand Far. Nahid Fathizadeh
- 6- Comparative study on the effect of five-finger planting (vitex) and Psep on hot flashes in menopause
Journal of Shahrekord University of Medical Sciences Scientific Journal of. 2005
. Afsaneh Kajmian, Khadijeh Boroumandfar, Alireza Ghanadi
- 7- Evaluation of the effect of five-fingered plant extract (Vitex) on hot flashes in menopause
Journal of Birjand University of Medical Sciences, Volume 14, Issue 3, Autumn 2007
. Khadijeh Boroumandfar, Afsaneh Kajmian, Frank Safdari, Alireza Ghanad
8. Evaluation of efficacy and complications of hormone administration of HD and levorogestrol as an emergency contraceptive method. Iranian Journal of Nursing Research, Isfahan: IJNMR 13 (3) 2008:
Khadijeh Boroumandfar, Leila Goodarzi, Zahra Allameh, Habib A. Hossini, Abdolhossein Asgari



Isfahan University of medical sciences
Curriculum Vitae (CV)

9. Growth rate of children before and after supplementary feeding 2008
Journal: Iranian Journal of Nursing Research, Isfahan: IJNMR 13 (4) 2008 ::
Habib A Hossaini, Leili Ahmadpour, Khadijeh Boroumandfar
- 10-Women's experiences of labor pain (qualitative research) 2008
Nastaran Mohammad Ali Beigi, Khadijeh Boroumandfar, Parvin Bahadoran
11. Examination of postpartum sexual function and its association with some individual factors in women
Journal Journal of Isfahan Nursing Research: In Print)
Khadijeh Boroumandfar, Maryam Ghaed Rahmati, Beautiful Farajzadegan, Habib Hoseini
- 12- Boroumandfar K, Momenzadeh F, Tavakkol K, Kelishadi R, Rad GS. The effect of education on behavioral intention model of mothers' attitude towards over weight preschool children's nutritional patterns. Iranian journal of nursing and midwifery research. 2010 Dec;15(Suppl1):386.
13. Determination and comparison of menstrual bleeding disorder in Yasminevaldey tablet as a method of contraception in women. Journal of Isfahan Nursing Research Journal: IJMNR16 (1) 2011
Rezaie Karimian, Nahid Fathizadeh, Khadijeh Boroumandfar, Mitra Savabi,
- 14-Comparative Study of Vaccination-induced Pain in Spray-Cooling and Breast-feeding Methods during Injection in 6-Month-Old Infants. Khadijeh Boroumandfar, Fatemeh Khoda'i, Zahra Abdi Azadan, Maryam Maroufi
- 15 - The Impact of Education Based on Social Inoculation in Volunteers Referring to Mullah Hadi Health Center on Domestic Violence,. Khadijeh Boroumandfar, Shabnam Javaheri, Soheila Ehsanpour, Ahmad Reza Aidee.
- 16-Changing Beliefs and Behaviors Related to Sexually Transmitted Diseases in Vulnerable Women: A Qualitative Study. Boroumandfar Z, Kianpour M, Zargham A, Abdoli S, Tayeri K, Salehi M, Momeni G, Khorvash F.
Iran J Nurs Midwifery Res. 2017 Jul-Aug;22(4):303-307. doi: 10.4103/ijnmr.IJNMR_117_16.
- 17-Effect of self-care training program based on Orem's model on the behaviors leading to sexually transmitted disease in vulnerable women.. Baghersad Z, Alimohammadi N, Boroumandfar Z, Golshiri P.
Iran J Nurs Midwifery Res. 2016 Sep-Oct;21(5):527-533.
- 18-Validity and Reliability of Knowledge, Attitude and Behavior Assessment Tool Among Vulnerable Women Concerning Sexually Transmitted Diseases. Boroumandfar Z, Khorvash F, Taeri K, Salehi M, Yadegarfar G. J Family Reprod Health. 2016 Mar;10(1):9-14.
- 19-Vulnerable Women's Self-Care Needs in Knowledge, Attitude and Practice Concerning Sexually Transmitted Diseases.. Alimohammadi N, Baghersad Z, Boroumandfar Z. Int J Community Based Nurs Midwifery. 2016 Jul;4(3):219-28.
- 20-An investigation on the association between students' knowledge and their tendency to take care of HIV patients among the students in nursing and midwifery school.. Khorvash F, Mansorian M, Boroumandfar Z, Mohamadirizi S.
Iran J Nurs Midwifery Res. 2014 Jul;19(4):404-8. Erratum in: Iran J Nurs Midwifery Res. 2014 Nov;19(6):680.
- 21-A comparative study on vaccination pain in the methods of massage therapy and mothers' breast feeding during injection of infants referring to Navabsafavi Health Care Center in Isfahan.
Esfahani MS, Sheykhi S, Abdeyazdan Z, Jodakee M, Boroumandfar K.
Iran J Nurs Midwifery Res. 2013 Nov;18(6):494-8.



Isfahan University of medical sciences
Curriculum Vitae (CV)

- 22-Comparison of vaccination-related pain in infants who receive vapocoolant spray and breastfeeding during injection. Boroumandfar K, Khodaei F, Abdeyazdan Z, Maroufi M.. Iran J Nurs Midwifery Res. 2013 Jan;18(1):33-7.
- 22-An investigation on the effect of Health Belief Model-based education on refusal skills in high-risk situations among female students. Boroumandfar K, Shabani F, Ghaffari M. Iran J Nurs Midwifery Res. 2012 Mar;17(3):229-33.
- 23-Job burnout and its relation with personality traits among the midwives working in Isfahan, Iran. Esfahani MS, Mirzaee M, Boroumandfar K, Abedi MR. Iran J Nurs Midwifery Res. 2012 Mar;17(3):220-4.
- 23-The effect of education on behavioral intention model of mothers' attitude towards over weight preschool children's nutritional patterns. Boroumandfar K, Momenzadeh F, Tavakkol K, Kelishadi R, Rad GS. Iran J Nurs Midwifery Res. 2010 Dec;15(Suppl 1):386-94.
- 24-Comparing the effects of Yasmin® and LD (low-dose estrogen) as contraceptive methods on menstrual cycle changes in women referred to the health care centers of Isfahan. Fathizadeh N, Bafghi RK, Boroumandfar K, Savabi M. Iran J Nurs Midwifery Res. 2010 Fall;15(4):252-8.
- 25- A study of knowledge and attitude of women with high-risk sexual behavior, admitted to the centers affiliated to Ministry of Health and Welfare, Isfahan Province, 2016. Akram salesi Musaabadi, Fariba Fahami², Mahnaz Noroozi, Zahra Boroumandfar, Ghodrattollah momeni. Pharmacophore, 8(6S) 2017, e-1173296, Pages 5
- 26- Khorvash F, Mohamadirizi S, Ataiee B, Khayamim N, Boroumandfar Z. The Relationship between Knowledge, Attitude and Tendency to Care of HIV/AIDS Patients among Nurses and Midwives, Working in General Hospitals and Health Care Centers of Isfahan University of Medical Sciences, 2013. Journal of Midwifery and Reproductive Health. 2014;2(4):246-52.
- 27- Mohamadirizi S, Yousefi F, Boroumandfar Z. The relationship between eating disorder symptoms and social anxiety disorder in students in Isfahan. International Journal of Pediatrics. 2014;2(4.2):47-53.
- 28- Boroumandfar Z, Kohan S, Mohaghegh N, Mohamadirizi S, Hassanzadeh A. The prevalence and types of child abuse among teachers and its relationship with their demographic characteristics and general health in primary schools. Int J Pediatr, Vol.3, N.4-2, Serial No.20, Aug 2015
- 30- Ataei B, Adibi P, Nokhodian Z, Meshkati M, Boroumandfar Z. Prevalence of Co-Infections of Hepatitis B and C Among Drug Abuse: Prisoners and Its Association With High Risk Behavior. Jundishapur Journal of Chronic Disease Care. 2015 Jan 1;4(1):31-37.
- 31-Pourkazemi R, Janighorban M, Boroumandfar Z, Mostafavi F. A comprehensive reproductive health program for vulnerable adolescent girls. Reproductive health. 2020 Dec;17(1):1-6.
- 32-Boroumandfar Z, Kianpour M, Afshari M. Ups and downs of drug rehab among women: a qualitative study. BMC Women's Health. 2020 Dec;20(1):1-0.
- 33-Baghersad Z, Alimohammadi N, Boroumandfar Z, Golshiri P. Effect of self-care training program based on Orem's model on the behaviors leading to sexually transmitted disease in vulnerable women. Iranian Journal of Nursing and Midwifery Research. 2016 Sep;21(5):527.
- 34-Behmanesh M, Taeri K, Hosseini SM, Boroumandfar Z. Association between quality of life and social support among women suffering from HIV/AIDS. Journal of Inflammatory Diseases. 2016 Aug 10;20(3):47-0.



Isfahan University of medical sciences *Curriculum Vitae (CV)*

- 35--Shabani F, Ghafari M, Boroumandfar Z. Educating to say 'no'to reject high-risk suggestions through roleplaying model among middle school students. *The Open Public Health Journal*. 2020 Feb 18;13(1).
- 36-Shaali M, Farajzadegan Z, Turk Nezhad Azerbaijani A, Boroumandfar Z. Self-efficacy and Self-esteem in Wives with Addicted Husbands. *Journal of Holistic Nursing and Midwifery*. 2019 Sep 10;29(4):243-51.
- 37- Khorvash F, Mohamadirizi S, Ataiee B, Khayamim N, Boroumandfar Z. The Relationship between Knowledge, Attitude and Tendency to Care of HIV/AIDS Patients among Nurses and Midwives, Working in General Hospitals and Health Care Centers of Isfahan University of Medical Sciences, 2013. *Journal of Midwifery and Reproductive Health*. 2014;2(4):246-52
- 38-Kohan S, Allahverdizadeh S, Farajzadegan Z, Ghojazadeh M, Boroumandfar Z. Transition into the sexual and reproductive role: a qualitative exploration of Iranian married adolescent girls' needs and experiences. *Reproductive Health*. 2021 Dec;18(1):1-1.
- 39-Ataei B, Adibi P, Nokhodian Z, Meshkati M, Boroumandfar Z. Prevalence of Co-Infections of Hepatitis B and C Among Drug Abuse: Prisoners and Its Association With High Risk Behavior. *Jundishapur Journal of Chronic Disease Care*. 2015 Jan 1;4(1).
- 40- Kianpour M, Taleghani F, Noroozi M, Savabi-Esfahani M, Boroumandfar Z, Changiz T, Ravankhah Z, Javanmard SH, Hashemi MS. Design, implementation, and evaluation of self-care program in the prevention of breast cancer among women in Isfahan: a community-based participatory action research protocol. *Women's Midlife Health*. 2022 Dec;8(1):1-2.
- 41-Boroumandfar Z, Esmaeili R, Mohaghegh N. The story of female sex workers in the shadow of sex work coercion: A qualitative study. *Iranian Journal of Nursing and Midwifery Research*. 2022 May 1;27(3):243.
- 42-Zolfaghari E, Boroumandfar Z, Nekuei N. Comparison of reproductive health and its related factors in vulnerable and nonvulnerable women. *Journal of Education and Health Promotion*. 2022;11.
- 43-Khorvash F, Ataei B, Baghersad Z, Boroumandfar Z. Effectiveness of the Educational-Supportive Program to Improve the Quality of Life Among Patients with Hepatitis C virus (HCV): A Quasi-Experimental Study. *Jundishapur Journal of Health Sciences*. 2021 **Dec 31(In Press)**.
- 44-Bagheri Z, Boroumandfar Z, Shirazi M. Self-care needs in the domains of knowledge, attitude and performance of adolescent girls with regard to drug addiction and risky sexual behaviors in Iran. *Iranian journal of nursing and midwifery research*. 2021 Sep;26(5):411.
- 45-Namazi N, Mostafavidarani F, Alavinaini A, Boroumandfar Z. Relationship between cognitive-behavioral processes and stages of change in nutrient use in overweight women referring to health centers in Isfahan. *Iranian Journal of Nursing and Midwifery Research*. 2021 Jul;26(4):355.
- 46-Pourkazemi R, Mostafavi F, Boroumandfar Z. Reproductive and Sexual Health Facilitators and Needs of Vulnerable Adolescent Girls. *International Journal of Body, Mind and Culture*. 2020 Dec 7:184-95.
- 47- Namazi N, Naini AM, Mostafavidarani F, Boroumandfar Z. Investigation of stage of change and behavior and cognitive behavioral processes (transitional model) in the use of nutrients in overweight middle-aged women. *Journal of School of Public Health & Institute of Public Health Research*. 2019;17(2).
- 48-Musaabadi AS, Fahami F, Noroozi M, Boroumandfar Z, Momeni G. A STUDY OF KNOWLEDGE AND ATTITUDE OF WOMEN WITH HIGH-RISK SEXUAL BEHAVIOR, ADMITTED TO THE CENTERS AFFILIATED TO MINISTRY OF HEALTH AND WELFARE, ISFAHAN PROVINCE, 2016. *PHARMACOPHORE*. 2017 Jan 1;8(6).



Isfahan University of medical sciences
Curriculum Vitae (CV)

۴۹-ارتباط کیفیت زندگی و حمایت اجتماعی در زنان مبتلا به اچ آی وی یا ایدز ۴۹-

بهمنش مریم، طائری کتایون، حسینی سیدمحسن، برومندفر زهرا
مجله علمی دانشگاه علوم پزشکی قزوین ۲۰ (۳۸۶)، ۴۰-۴۷

50-Dibaj Z, Boroumandfar Z, Maghsoudi J. Effect of implementing a life skills program on the perceptions of aging and self-efficacy in postmenopausal women: A field trial. Iranian Journal of Nursing and Midwifery Research. 2022; Mar;27(2):157.

Oral and Poster presentations:

1. Study the growth pattern of children under 5 years of age from pneumonia
Conference:: Islamic Azad University of Khorasgan New Obstetrics & Gynecology Seminar of the Year 1387 Lecture
Authors: Khadijeh Boroumandarf, Soheila Ehsanpour
2. The role of midwife in the health of mothers
Conference: The New Phenomenon in Pregnancy in Isfahan University of Medical Sciences, 1380 - Lecture
Authors: Khadijeh Boroumandfar
3. Study the educational needs of puberty in boys
Conference:: National Congress of Health Promotion Zanjan University of Medical Sciences. 2003 - Lectures
Authors: Khadijeh Boroumandfar, Mohammad Reza Abedi, Akbar Hasanzadeh
- 4- Consequences of unwanted pregnancy
Conference: National Symptoms of Pregnancy Pregnancy 2006; Lecture
Authors: Khadijeh Yrvandar Farzooz Sarzaghf. Haidar Ali Abedi. Provin Bahadoran
Unwanted pregnancy , Cultural and social consequences
- Conference: A high-risk pregnancy congress in 2006, a poster
Authors :: Khadijeh Yrvandarfar, Z. Sarzaghf, Haydar Ali Abedi. Provin Bahadoran
- 6-Abortion process illegal
Conference on Risky Pregnancy. 2006, lecture
Authors: Nahid Fathizadeh, Shirin Shahbazi, Fariba Taleghani Khadijeh Boroumand Far. Ali Salehhah.
- 7-Comparison of physical activity before the 20th week of pregnancy in women with and without gestational hypertension
Conference: Risky pregnancy congress. 2006, poster
Authority:: Parvin Ahmadi, Ashraf Kazemi, Khadijeh Boroumandfar, Nahid Fathizadeh,
- 8-A Survey on the effect of five-fingered plant extract (Vitex) on hot flashes in menopause
Conferenc - Regional Conference of Medicinal Plants, Medicinal Products and Orphan Medicines, Islamic Azad University, Shahrekord Branch. 2006, lecture
Authors: Afsaneh Kajmian, Khadijeh Boroumandarf, Alireza Ghanadi
9. Relationship between pregnancy and physical activity during the twenty weeks of pregnancy. Pregnancy
Conference: Tenth International Women and Family Congress, Tehran University of Medical Sciences. November 21, Dec. 85, Lecture
Authors:, Ashraf Kazemi, Parvin Ahmadi Khadijeh Boroumandfar, Nahid Fathizadeh,
- 10-Evaluation of efficacy and complications of hormone administration of HD and levorogestrol as an emergency contraceptive method
Shahid Beheshti University of Medical Sciences 2 to 4 February 2009: International Conference on Family Planning
Conference - Innovative Approach, Poster
Authors: Khadijeh Boroumand Farzah Zahra Allameh, Leila Goodarzi



Isfahan University of medical sciences

Curriculum Vitae (CV)

11. The effect of education based on behavioral intention model on the attitude of mothers towards the nutritional pattern associated with overweight of preschool children

: Second International Congress on Obesity and Metabolism, May 26-28, 89 Conference Poster

Authors: Khadijeh Boroumandfar, Fatemeh Momenzadeh, Roya Kelishadi, Khosrow Tavakol.

-12 Investigation of the knowledge, practice and attitude of health care providers about nutritional counseling in pregnancy

Conference: International conference on the impact of global on women and children. 2002; in thailand (poster)

Authors: Khadijeh Broumandfar.mojgan tabatabaei.alireza yosefei

PROFFESIONAL SERVICES

Workshops:

Holding workshops in the Municipal Health Committee and Charitis related issues to women's health and their social harm

TEACHING EXPERIENCE

YEAR	COURSE TITLE	MAJOR
2005-present		
1988- present	Maternal & child health care	B.S
1988- present	Neonatal care	B.S
1999-present	Family planning	M.Sc.
2005- present	Communications ,education & counseling in maternal & child health	M.Sc.
2005-present	pregnancy & delivery care	M.Sc.
2005- present	Epidemiology of the Family and Society	M.Sc.
2008- present	Psychology of the health of woman and family	M.Sc.
2008- present	rights and Reproductive health	M.Sc.
2012- present	Sociology and Social Pathology of Women	M.Sc.
2014- present	Violence against women and children	M.Sc.
2016- present	Empowering women	P.h D
2017- present	Demographic Dimensions	P.h D

PROFESSIONAL/SCIENTIFIC ASSOCIATION MEMBERSHIP

2010-Present Member, nursing & midwifery research center, Isfahan university of medical sciences,

2007- Present Reviewer of Iranian Journal of Nursing& Midwifery(Ijnmr)

2008-2010 Head of Midwifery Department

WORKSHOP AND TRAINING

1998- present workshops of Medical Education Development Center

2005-2009 ICDL workshops



Isfahan University of medical sciences
Curriculum Vitae (CV)

Book, book chapters, Encyclopedia chapters

Books:

- 2006 Authors: In alphabetical order: Soheyla Ehsanpour, Hadijeh Boroumand Farzar Sharif Kazemi Family planning textbook . Family Planning. Isfahan University of Medical Sciences
- 2011 Authors: In alphabetical order: Soheyla Ehsanpour, Khadijeh Boroumandfar, Habibollah Hosseini, Abdollah Rezaei, Mitra Savabi. Health and family planning. Konkash
- 2017 Authors: Alphabetical order: Zahra Baqersad, Zahra Boroumandfar, Mahsa Sha'ali, Katayon Tayeri, Shahnaz Kohan. A comprehensive guide to the care and monitoring of STDs in low-risk and high-risk individuals. Alam Gostaran Publishing, Isfahan
- 2021 Authors: Shahnaz Kohan, Mitra Savabei, Mojghan Janighorban, Zahra Boroumandfar, Maternity and reproductive health. Konkash Publishing, Isfahan